

Report on Yoga session at EASA Engineering College, Coimbatore

On the occasion of orientation program for new batch at EASA College of Engineering, Navakkarai, on 29/11/2021, Doctors from JSS Institute of Naturopathy and Yogic Sciences were invited for a Yoga practical demonstration session. The session included a brief introduction on Yoga which was followed by a practical Yoga session. All the students of new batch of EASA Engineering College got benefitted from the session.

