

Report on World Mental Health Day

On 11th October 2021, on account of World Mental Health Day, Dr. Sudhakar gave an online health talk on the topic of 'Mental Health in an unequal world' in the Facebook. His information was very useful and enlightened the virtual audience about the mental health and various methods to maintain the same through Naturopathy and Yoga.



JSS INSTITUTE OF NATUROPATHY AND YOGIC SCIENCES
&
JSS NATURE CURE AND YOGA HOSPITAL
NAVAKKARAI, COIMBATORE





World Mental Health Day



HEALTH TALK



THEME

“MENTAL HEALTH IN AN UNEQUAL WORLD”.



Dr. Sudhakar
BNYS
lecturer & MO
Dept. of Modern Diagnosis
JSSINYS



11/10/2021
11:30 am



LIVE <https://www.facebook.com/jssinys/>



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