## Report on Invited presentation by Dr. Jincy Sundaran for Puthunagaram Prakriti Jeevana Samithi, Palakkad

A virtual health awareness talk was delivered to a group of 100 families across the country who are all members of the Puthunagaram Prakriti Jeevana Samithi, Palakkad. The talk was on the topic "Healthy diet at home" and was given by Dr. Jincy Sundaran, Assistant Professor on 11<sup>th</sup> April 2021.

