

Report on 9th Health talk session

Every month health talk session is conducted at the college to bring about awareness among the public. The session is conducted virtually on the occasion of the special day organized by WHO and it is streamlined in the Facebook so that it is beneficial even for the post viewers. On 12th May 2021, 9th health talk session of the year 2021 was conducted virtually from 11.30 am onwards. Dr. Selvameenakshi, Assistant Professor cum Medical Officer was the speaker of the session and she spoke on World chronic fatigue syndrome awareness day under the Topic “Fight fatigueness naturally and hike energy level effectively.

JSS INSTITUTE OF NATUROPATHY AND YOGIC SCIENCES
&
JSS NATURE CURE AND YOGA HOSPITAL
RAYAKKAL COMBATOR

**WORLD CHRONIC FATIGUE
SYNDROME AWARENESS DAY**

Speaker: Dr. T. Selvameenakshi
BNYS, MD in Clinical Naturopathy
Assistant Professor & MD
Dept. of Obstetrics and Gynecology,
JSSINYS

Date: 12th May 2021 | Wednesday
Time: 11:30 am to 12:30 pm

Topic:
**FIGHT FATIGUENESS NATURALLY
&
HIKE ENERGY LEVEL EFFECTIVELY**

JSS Naturopathy and Yoga - Hospital and College

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