

### **Report on intercollege competition conducted on behalf of Mental Health Day 2021**

JSS Institute of Naturopathy and Yogic Sciences conducted an essay writing competition with the theme “Mental health in an unequal world”, in commemoration with World Mental Health Day. It was an inter-College competition and there were about 90 participants from across the country. The winners were shortlisted by a panel of Judges and prizes were sent to the respective Colleges.