

Report on Survey conducted on menstrual practices among tribal women

JSS Institute of Naturopathy and Yogic Sciences undertook a survey organized by the National Institute of Naturopathy, Pune on the occasion of Women's day 8th March 2021. A team of 9 female and 4 male doctors and interns were involved in this survey. Consent form was explained to the participants in Tamil language and the consent was taken. It was conducted for 5 days and covered 101 tribal women. Following the survey each tribal woman was provided with a food basket containing 500 gm of moong dal, 500 gm of jaggery, 5 lemons, 500 gm ground nuts, and 1 bunch of moringa leaves, an information sheet explaining the benefits of food basket contents.

Date	Place	No: of tribal women participated in survey
03/03/2021	Chinnampathi, Coimbatore	16
04/03/2021	Puthupathi, Coimbatore	26
05/03/2021	Puthupathi, Coimbatore	21
06/03/2021	Murugampathi, Coimbatore	20
07/03/2021	Murugampathi, Coimbatore	18

Figure 1: DAY 1 at Chinnampathi



Figure 2: DAY 2 at Puthupathi



Figure 3: DAY 3 at Puthupathi



