

Report on CRE-04

Every week either Continued Medical Education (CME) or Continued Research Education (CRE) is conducted at the college to improve and refresh the clinical and academic knowledge of the doctors, interns and students. On 31st July 2021, journal club was conducted virtually from 2:30 to 3:00 pm. **Dr. SUJITHRA.T.S**, Assistant Professor and Medical Officer, Department of Yoga therapy' was the speaker of the session and she spoke on '**Comparison of ankylosing spondylitis treatment efficacy between distal and proximal point acupuncture combined with drug treatment**', a discussion on **a randomized controlled study** article which describes both distal point and proximal point acupuncture combined with drug treatment can improve disease symptoms in patients with ankylosing spondylitis, the distal acupoint group had higher and long-lasting clinical efficacy. Faculty and interns attended the session physically. Doubts were clarified clearly by the speaker following the session.



Report prepared by

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