

Report on Guru Poornima Celebrations at JSS Institute of Naturopathy and Yogic Sciences

The first full moon after the summer solstice in the month of Ashadha (July-August) is known as Guru Poornima. This day is celebrated as a Karma Yoga based custom dedicated to all spiritual and intellectual gurus who are willing to offer their expertise without expecting anything in return.

Guru Poornima celebrations started at 11:00 am at JSSINYS on July 24th. JSS Mahaswamijis' portraits were decorated with flower garlands. The event started with the lighting of the lamp done by Dr. Dhilip V. R, Principal and CMO, Mr. Shanmugham, Administrative Officer, and the senior doctors respectively. A speech was given by the Principal on the celebration of Guru Poornima and the importance of having gratitude to the gurus. Senior doctors also addressed the event emphasizing how important it is to observe this special day with inputs from novel ancient stories. A group song was sung to express tribute to our respective Gurus, JSS Mahaswamijis. Following the group song, a cultural program was held by the interns portraying the reason for Guru Poornima celebration. A floral tribute was done by the gathering to the decorated JSS Mahaswamijis' portraits. Prasadam was provided to the gathering at the end of the event.



