

Report on Health Awareness Camp at Springdale Public School

JSS Institute of Naturopathy and Yogic Sciences and JSS Nature Cure and Yoga Hospital conducted a health awareness camp at Springdale Public School, Punjai Puliampatti, Erode on 30th October 2021. The event started by 11 a.m with a speech on Naturopathy by Dr. Jincy followed by a detailed talk about BNYS course by Dr. Venkatesan. Around 300 participants took part in the camp and were benefitted. Administrative Officer of Springdale Public School honoured all the doctors.

Yoga demonstration was done by 3rd year BNYS students and lucky dip contest was conducted for the students and parents. Finally, contest winners were awarded with a discount coupon for 1 day treatment. Consultation was done and diet advice was given for school staff and public participants who attended the event by JSSINYS doctors and students demonstrated basic Yoga postures and exercise for the public.

Health shop products and groundnut laddu were available for sales and therapeutic diet for common diseases were displayed and explained to the public.