Report on awareness on Covid prevention and management health talk for Govt. School teachers, Coimbatore

To prevent and safeguard from COVID 19, a health talk was conducted for the Government School teachers and Block Resource Teachers Educators (BRTE) on 29.05.2021. Around 50 participants got benefited and Dr. Ramya moderated the session. Dr. Lakshmi gave health talk on 'Introduction to COVID 19 pandemic', Dr. M. Ezhil Ratnakumari on 'Naturopathy as an adjuvant treatment in COVID and Dr. Venkatesan on 'Benefits of Yogic Pranayama in COVID 19 pandemic'. The session was well appreciated and doubts of the participants were clarified by the speakers.