

## Report on awareness on Covid prevention and management health talk for Govt. School teachers, Coimbatore

To prevent and safeguard from COVID 19, a health talk was conducted for the Government School teachers and Block Resource Teachers Educators (BRTE) on 29.05.2021. Around 50 participants got benefited and Dr. Ramya moderated the session. Dr. Lakshmi gave health talk on 'Introduction to COVID 19 pandemic', Dr. M. Ezhil Ratnakumari on 'Naturopathy as an adjuvant treatment in COVID and Dr. Venkatesan on 'Benefits of Yogic Pranayama in COVID 19 pandemic'. The session was well appreciated and doubts of the participants were clarified by the speakers.

**JSS INSTITUTE OF NATUROPATHY AND YOGIC SCIENCES**  
&  
**JSS NATURE CURE AND YOGA HOSPITAL**  
NAVAKKARAL COIMBATORE

**Webinar on**  
**All about**  
**Covid-19**

**Speakers**

**29/5/2021**  
**TIMING**  
**11:00 AM**  
for more details  
9003343514, 7094542553

**Dr. Lakshmi**  
BNYS  
Lecturer & MO,  
Dept. of Nutrition and Dietetics  
JSSINYS.

**Dr. M. Ezhil Ratnakumari**  
BNYS, MD  
Assistant Professor & MO,  
Dept. of Physiology,  
JSSINYS.

**Dr. C. Venkatesan**  
BNYS, MO  
Assistant Professor & MO,  
Dept. of Acupuncture,  
JSSINYS.

**Dr. Ramya**, BNYS  
Lecturer & MO  
Dept. of Pharmacology,  
JSSINYS

**INTRODUCTION TO COVID-19 PANDEMIC**  
jssnaturecure.org.

**NATUROPATHY AS AN ADJUVANT TREATMENT IN COVID -19**  
jssinys.org.

**BENEFITS OF YOGIC PRANAYAMA IN COVID-19 PANDEMIC**

**Join us** **LIVE**