

Detailed report of CME organized by National Institute of Naturopathy (NIN), Pune

In the aim of refreshing Naturopathy subject and diagnosis, National Institute of Naturopathy organised a CME in **Deham Nature Cure**, Health and Wellness Resort, Pune from 22nd to 27th Feb 2021. Dr. Sudhakar was represented from JSSINYS and gained knowledge by the eminent speakers. As a part of CME, Dr. Sudhakar shared his work experience at JSSINYS.

Topics for CME Program

S. No	SPEAKERS	TOPICS
1	Dr. B. T. Chidananda Murthy	Role of diet with the focus on naturally cooked foods - Apakwahara Advaita
2	Prof. (Dr.) K. Satya Lakshmi	Why fundamentals now – A deeper look into the current scenario of naturopathy practice and teaching
3	Dr. Pradeep MK Nair	Vitality and toxemia – Basic principles
4	Dr. Sanjay Phadke	Fundamentals of mind body medicine in the light of health naturally
5	Dr. Hyndavi Salwa	Heliotherapy – A scientific approach
6	Dr. Kalpana Devi	Fundamentals of classical/traditional acupuncture and its role in naturopath's clinical practice
7	Dr. Renu Mahtani	Role of vitamin D in health and disease
8	Dr. Mili Shah	Role of ozone therapy and vitamin supplement therapy in modern Naturopathy
9	Dr. Babu Joseph	Fasting - the fundamental principle of nature cure
10	Dr. Nivedha	The elemental diagnostic methods and their importance
11	Dr. Sundeep Salvi	Breathing - the vital source of energy (Breathology)
12	Dr. Munjunath	Principle of Yoga therapy in the light of Naturopathy