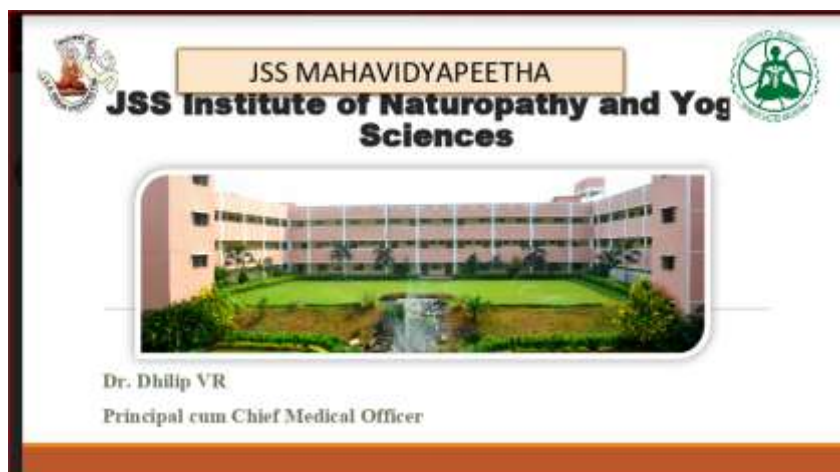


REPORT ON HEALTH TALK SESSION GIVEN AT TIBRE ORGANISATION

Dr. Dhilip V. R, Principal and CMO of JSSINYS was invited from Tibre Organization to deliver a health talk on 11th October 2020 from 9 to 10 am. The participants were employees of Tibre Organization. The session was a virtual one through Zoom platform. He spoke on the topic 'Overview of Naturopathy and Yoga'. Principles of Naturopathy and Yoga were explained. He also highlighted on the types of treatments used in Naturopathy and Yoga. The participants actively involved in the session and the speaker cleared the queries raised by them.



Report prepared by

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Lecturer cum MO