

Report on 19th CME

Every week Continued Medical Education (CME) is conducted in the college to improve and refresh the clinical and academic knowledge for the Doctors. On 13th December 2020, 19th CME was conducted both virtually and physically from 3:30 to 4:30 pm. Dr. Ramya. D, Lecturer cum Medical Officer was the speaker of the session and she spoke on “All you need to know about Massage”, topic highlighting the physiological effects of Massage on different systems of the human body. Doctors and 2nd year students attended the session physically and 3rd and 4th year students attended the session virtually through zoom software. Dr. Ramya. D explained on the concepts bridging physiology and clinical aspects of massage. She elaborated on short as well as long term effects of massage. Doubts were clarified clearly by the speaker. Dr. M. Ezhil Ratnakumari, Professor and Senior Medical Officer gave insights on the body’s mechanism of electro-excitability of muscle fibers following a massage.



Report prepared by

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