Report on Health Talk on Diabetes Day 2020

World Diabetes Day (WDD) was created in 1991 by IDF (International Diabetes Federation) and the World Health Organization in response to growing concerns about the escalating health threat posed by diabetes. A health talk session was conducted on 13th November in online platform which was streamlined live in face book page of the College. The session was conducted from 10:00 am to 11:00 am. Dr. Ramya D, Lecturer cum Medical officer gave the talk on the topic, "Why diabetes has to be kept under control". Dr. Preethi K S, Lecturer cum Medical Officer hosted the session. Speaker Dr. Ramya gave an overview on diabetes, its types, signs and symptoms. Then she highlighted on the importance of Naturopathy and its principles on treatment and prevention of complications of diabetes. She also gave insights on how effective is the Nature cure and Yoga treatment methods. The session was appreciated by the participants where they actively involved in clearing their doubts.





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