

Report on Health Talk on Naturopathy and Yoga for healthy life

Online health talk session was streamed live on official Facebook page of JSSINYS and through Zoom platform on November 1st, 2020 from 10 to 11 am. Dr. P. Naresh Kumar, Assistant Professor and Research officer gave health talk on the topic *Naturopathy and Yoga for healthy life*. He addressed the general public and health seekers of JSS Nature Cure and Yoga Hospital and explained about the various treatment modalities of Naturopathy and therapeutic benefits of Naturopathy and Yoga in relation to different medical conditions. Overall, the session was informative and the speaker clarified the doubts raised by the participants.

JSS INSTITUTE OF NATUROPATHY AND YOGIC SCIENCES
&
JSS NATURE CURE AND YOGA HOSPITAL
NAVAKKARAL COIMBATORE

Health talk - Naturopathy and yoga for healthy life

Speaker: Dr. P. Naresh Kumar
BNYS, MPH, PhD Scholar
Research Officer & MO
Dept. of Community Medicine, JSSINYS

Date: 1st Nov 2020
Time : 10:00 am to 11.00 am

Connect with us on zoom meeting
Meeting ID: 423-457-3972
Password: 5h8nvP

Download ZOOM in advance on your phone, computer or tablet

Visit jssinys.org and jssnaturecure.org for more details
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