Report on Janata Curfew activity at JSS Naturopathy and Yoga Hospital, Coimbatore

There was an appeal from Honorable Prime Minister of India, Shri. Narendra Modi to the public to undergo a Janata Curfew throughout India on 22^{nd} March from 7 am to 5 pm. The reason behind it was to help to check for the spread of COVID-19. It was requested that everyone to clap together at 5 pm to show a gratitude for all the mankind working to control the spread.

The curfew was followed in JSSNYH. Patients were asked to assemble in the lawn of the hospital and Dr. Jenie, MO JSSNYH informed them about the COVID 19 and projected the importance of improving immunity through Naturopathy and Yoga. At last, patients were asked to perform clapping. Then a laughing therapy session was also conducted.



Report prepared by

Dr. Preethi K S,

Lecturer cum MO.