

## 18<sup>th</sup> CME Report

Date: 19<sup>th</sup> September 2020

Time: 2:30 pm – 3:30 pm

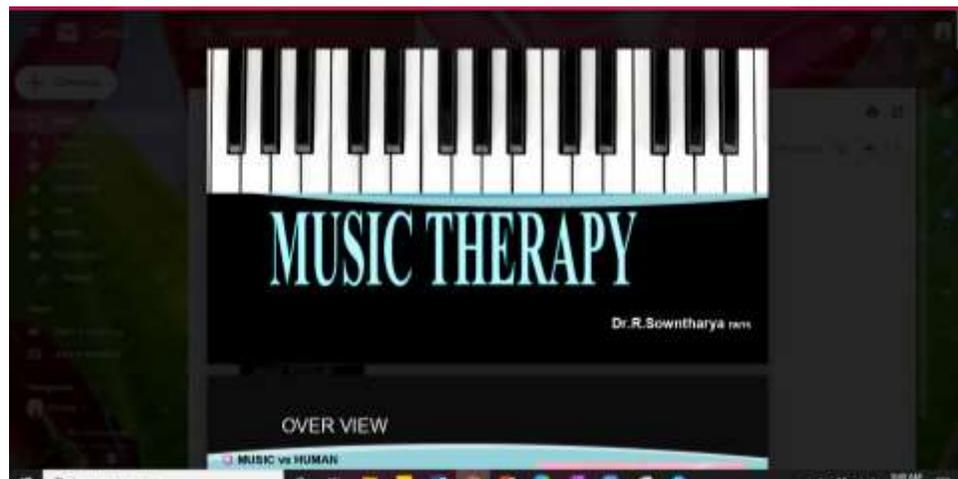
Speaker: Dr. Sowntharya, Lecturer cum MO, JSSINYS.

Title: Music Therapy

Participants: Principal, all teaching faculty, interns, and final year students.

Session Type: Virtual through ZOOM platform

Dr. Sowntharya gave an overview of Music therapy explaining from history. She explained five factors which a person experience while listening to music. Types of music therapy were elaborated and it highlighted which groups of people need the appropriate type. She also added the qualifications and role of music therapists. The proven effects and benefits were also explained. She concluded with a set of books of choice for the participants to refer more on Music therapy.



Report prepared by

Dr. Preethi KS

Lecturer cum MO