

8th CME Report

Date: 27th April 2020

Time: 3:00 pm – 4:30 pm

Speaker: Dr. B Raghavendrasamy, BNYS, PhD, AMO Government Hospital, Udumalpet

Topic: Yoga and Naturopathy: An overview of Scientific Understanding of the Underlying Mechanisms

Participants: Principal, All teaching faculty and final year students

Session Type: Virtual Session (Zoom software)

The session was based with research evidences where the speaker took the participants a molecular level tour in understanding the basic mechanism of Yoga and Naturopathy. The speaker was well versed in the field of research in molecular biology and the explanation was an appealing one. The session inspired the participants to in build the instincts of generation of research especially in the field of Yoga and Naturopathy. Principal, Dr Naveen GH, appraised the session and encouraged the participants to always understand the system and bring the system a more evidence based one.



Report prepared by

Dr Preethi K S,

Lecturer cum MO.