9th CME Report

Date: 9th May 2020

<u>Time</u>: 02:30 pm - 03:30 pm

Speaker: Dr. Sudhakar, BNYS, Lecturer cum Medical Officer, JSSINYS

Topic: Nutrition and Immunity

Participants: Principal, all teaching staff, interns and students

Session Type: Virtual Session (Zoom)

The session began with a brush up knowledge of immunity and its activity in human body. The speaker then elaborated upon the importance of nutritional aspects on improving the immunity. Certain nutrition preparations and their benefits were explained by the speaker. The session was an interesting interactive session where, questions raised by the participants were explained in clear by the speaker as well as Dr. Naveen GH, Principal and Dr. M. Ezhil Ratnakumari, Assistant Professor, JSSINYS.



Report prepared by

Dr Preethi K S,

Lecturer cum MO.