

Report On Mega Naturopathy Camp

Date: 26th Jan 2020

Place: Nandha Central City School, Erode

The camp was jointly organized by INYGMA, Thiruvannamipur and National Institute of Naturopathy, Pune, Ministry of AYUSH, Govt. of India. The camp also included:

1. One day symposium on Arogya Raksha Panchatantra “State of Evidence And Future Directions”
2. Free consultation
3. Free diet distribution

Chief Guests

1. Shri. C. Kathiravan, IAS, District Collector, Erode
2. Smt. Uma Maheshwari, Principal Judge, Erode
3. Mr. V. Shanmughan, Chairman, Nandha Group of Institutions
4. Mr. Nandakumar Pradeep, Secretary, Nandha Group of Institutions

Guests of Honour

1. Dr Yuvraj Paul, Nature Cure Physician, NIN, Pune
2. Chairman, Nandha Naturopathy and Yoga Medical College, Erode
3. Chairman, Excel Medical College for Yoga and Naturopathy, Komarapalayam
4. Managing Director, Lotus Hospital, Erode
5. Dr Vibhas Kana, Principal, Excel Medical College for Yoga and Naturopathy, Komarapalayam
6. Dr Reeves, Principal, Nandha Naturopathy And Yoga Medical College, Erode
7. Dr. Marutharaj, Consultant Yoga and Naturopathy Physician, Lotus Hospital, Erode
8. Dr Naveen GH, Principal, JSS Institute Of Naturopathy And Yogic Sciences, Coimbatore
9. Dr Saravanan, Principal, Sivaraj Yoga And Naturopathy Medical College, Salem
10. Dr Bhuvaneshwari, Consultant, Yoga and Naturopathy Lifestyle Clinic, Salem
11. Dr Sujin Herbert, Consultant, Yoga and Naturopathy Lifestyle Clinic, Salem

The stall provided for JSSINYS displayed:

1. Health shop
2. Therapeutic diet display
3. Virtual display of natural cooking methods

Two speakers from JSSINYS were involved in the symposium session:

Dr. Naresh Kumar – eat twice a day and fast once a week

Dr Naveen GH – Yoga/Exercise an hour a day

The session was purely an evidence based session. Following the intellectual sessions, there was a cultural session for which JSSINYS gave 3 programs.



Report prepared by

Dr Preethi K S,

Lecturer cum MO.