

## Report on COVID – 19 Volunteering Duty

**Duty Date:** 25<sup>th</sup> July to 28<sup>th</sup> Aug

### **Duty Centres and Timings:**

- 1) ESI Medical college and Hospital – 6 to 7 hours (Shift basis)/ day
- 2) CODISSIA – Covid Care Centre ( D and E Halls), Coimbatore – 1½ hours/ day

The COVID-19 clinical care volunteering duty was initiated under the guidance of Yoga and Naturopathy Commissionerate of Indian Medicine and Homeopathy. The duty commenced from 25<sup>th</sup> of July and concluded by 28<sup>th</sup> of August 2020 by JSSINYS doctors to the above mentioned two COVID Care Centres in Coimbatore. JSSINYS doctors provided Naturopathy and Yoga intervention by giving immune regulating Yoga Therapy sessions along with Pranayama (Breathing exercises), Acupressure and Naturopathy Counselling for both symptomatic and asymptomatic patients with proper social distancing among patients to improve and encourage immunity and respiratory health and hygiene. The duty at CODISSIA Covid Care Centre and ESI Medical College and Hospital were executed under the guidance of Dr. V. Bhuvaneshwari, AMO, Coimbatore Medical College and Dr. Aruljothi between 1½ hours and 6 to 7 hours (shift basis) of work per day respectively. The lists of volunteers from JSSINYS are tabulated below:

S. No	ESI Medical College and Hospital	CODISSIA Covid Care Centre
1.	Dr. Sudhakar 26.07.2020 to 30.07.2020	Dr. Vijayaraghavan 25.07.2020 to 29.07.2020
2.	Dr. Prabhakaran 31.08.2020 to 04.08.2020	Dr. Preethi. K.S 30.07.2020 to 08.08.2020
3.	Dr. Ravikiran 05.08.2020 to 09.08.2020	Dr. Jeni. R 30.07.2020 to 08.08.2020
4.	Dr. Mahesh Kannan 10.08.2020 to 14.08.2020	Dr. T. Selva Meenakshi 09.08.2020 to 14.08.2020



**CODISSIA – Covid Care Centre, Coimbatore**



**ESI Medical College and Hospital, Coimbatore**

**Report prepared by**

**Ms. M. Surekha,**

**Physiotherapist.**