

REPORT ON 23rd INCOFYRA - 2020

The 23rd INCOFYRA (International Conference on Frontiers in Yoga Research and its Applications) was held at the S-VYASA Deemed to be University (Swami Vivekananda Yoga Anusandhana Samasthana), Prashanthi Kutiram, Bangalore, from 03.01.2020 to 06.01.2020. Nine Students of II year BNYS from JSSINYS attended the conference.

1. VINO P G
2. MAYURAN S R
3. NIVEDHA N
4. SAKTHI SRIDEVI N
5. DIVYAPRIYADHARSHINI L
6. SORNALUXMI S
7. JEGA PREETHI K
8. VANNISREE P
9. SNEHA R

The President of this conference was Dr. H R Nagendra (Founder and Chancellor of S-VYASA University). The Organizing Secretary was Dr. Srinidhi K Parthasarathy and the Vice President was Dr. B R Ramakrishna.

The following students have presented Poster on the second day (04.01.2020):

1. VINO P G

Comparative effect of Naturopathic and Yogic Intervention in patients with Bronchial Asthma - A Review

2. MAYURAN S R

Integrated Yoga Therapy as an Alternate in treating Anxiety - A Review

3. SAKTHI SRIDEVI N

Let's combat Bodily Distress Syndrome through Mindfulness - A Review

4. VANNISREE P

Yoga for Insomnia - A Review

Date: 10.01.2020

Place: Coimbatore