

Case Presentation - 04

Date: 9th July 2020

Time: 1:30 pm – 2:30 pm

Presenter: Mr. Sudarsan, Internee, JSSINYS

Case: Overweight and Hypertension

Participants: Principal, all teaching faculty and interns

Session Type: active

The details of case history and the examination were explained. Naturopathic and Yogic understanding of the disease was elaborated clearly. The explanation of therapeutic aspects was also satisfying to understand the immense effect of Naturopathy and Yoga on this case. Doctors shared their inputs in the Naturopathy diagnosis part. The session was concluded with healthy discussion and motivation for the participants.



Report prepared by

Dr. Preethi KS,

Lecturer cum MO.