

1st CME Report

Date: 22nd Feb, 2019

Time: 11:30 am – 12:30 pm

Venue: Final Year Classroom, JSSINYS

Speaker: Dr. Kaviraja Udupa, Additional Professor, Dept. of Neurophysiology, NIMHANS, Bangalore.

Topic: Neurophysiological Basis of Yoga and Naturopathy

Participants: Principal, 3rd and 4th year students, interns and teaching faculty

Session Type: Interactive

The session started with basics from the neurophysiological aspects. It was a brush up knowledge for the participants. Then he explained regarding the inter relationship between these basics and mentioned some of the techniques which are helpful to study these functions. The functions studied helped to understand the mechanism of action in a better aspect. He even showed evidence based studies where these techniques were used. At last he concluded highlighting the importance of these basics in Yoga and Naturopathy. Students raised questions regarding the option for higher studies in neurosciences in future which was well explained by the speaker. Dr Naveen GH thanked the speaker for the insights provided from his area of expertise.



Report prepared by

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