

14th CME Report

Date: 11th July 2020

Time: 2:30 pm – 3:30 pm

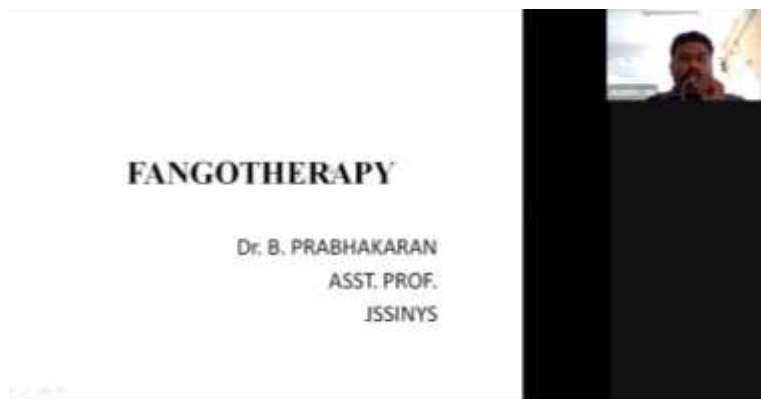
Speaker: Dr. Prabhakaran, Assistant Professor and MO, JSSINYS

Title: Fango Therapy

Participants: Principal, all teaching faculty, interns and final year students

Session Type: Virtual through ZOOM platform

Fango therapy is the usage of mineralized mud, thermally upgraded to apply as a pack to the human body to improve micro-circulation, relieve muscular and arthritic pain, and detox the skin. The session started with the history of the relation of mud with mankind. Then he explained mud therapy concerning fango therapy in Naturopathy. Types of mud, methods of application, and the mechanism of action were explained in brief. He also listed out scientific studies on fango therapy. The session was an add on knowledge on Mud therapy for the participants.



Report prepared by

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Lecturer cum MO.